

Toddler Yoga



Free Parenting Program

**Tuesday
August 10
6:30 - 7:00pm**

For parents with their children ages 1-2 years

[Register Online](http://www.mountainview.gov/city_hall/library/childrens/parenting_registration.asp)

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Jackie Long will guide you in practicing yoga with your toddler, employing music awareness and uplifting songs. Introduce your kids to yoga in this playful family workshop. Bring a mat or a towel for each person and wear comfortable clothes.

**Mountain View Public Library
585 Franklin Street
650.903.6897**

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